

# Authors Note

## On the Mystical Gnosis and the Human Situation.

### The Esoteric made Exoteric.

Owing to the title of this book many will perhaps be asking themselves as to what on earth or elsewhere I am talking about. Am I talking about and perhaps even advocating some kind of religion? The answer is emphatically no. Am I advocating some kind of life style or philosophy? No: I am advocating and preaching nothing at all. Am I talking about a specific manifestation of a cognitive event? Yes; I am; two in fact. Am I talking about an ancient philosophy based upon an event which by some is called Gnosticism? No, for beliefs about things do not interest me, and Gnosticism is a belief system. Am I talking about psychology then? Yes; but it would be better to call it the basement of depth psychology, and beyond; not academic psychology or psychology as it is practiced in various ways. So, what in absolute terms am I talking about here: and to whom am I addressing it, and why bother? It is about what we are, and where the mind starts. And it is also about becoming a living reflection on earth as to what we are in Essence.

I am addressing it to anyone who bothers to read it; but primarily I write for young people; teenagers and very young adults. Why? To give them something which is not only different from what is indoctrinated into them by society but also true of human experience; and because they are the world of tomorrow; and because it is needed. Why even bother? Because I care; and because it has to be done by somebody.

My real interest is in talking to people face to face; and preferably on a one to one basis, or at least with just a small group of people – for you can see the light of their eyes and answer their questions as one goes along in so doing. But one cannot in a book. Thus, I hope this book can be read in the light that it is simply a chat between you and me. For in that way, I know it works from much past experience. And likewise that way people can truly see that one means what they say, and with a deep passion for it. One cannot give these things away; but merely offer it for thought. We all have to find it for ourselves. So, in that light, let us continue.



When religions are seen not to address the deepest questions of human existence and the nature of reality as it comes to be known and experienced by us, and also seen to be too ludicrous for reality itself; and dangerous anyway, then the dissatisfied patrons thereof turn to science for answers. But they soon realise that science does not address the deepest questions that people ask either. Likewise when previous advocates of the scientific methodology come to realise that this process of simply analysing material things does not address the deepest questions, then they have only man made religions to turn to as they see it.

Hence, according to the existing consensus of humanity the answers must surely be found either in science or one of the religions, for there is nothing else anyway. But in fact they are wrong, and the something else is called life and existence itself. There is indeed something else which not only addresses the deepest questions which we ask – but also reveals the answers to them – the human mind and the nature of reality itself. For millennia some in the West have called this phenomenon by the name of Gnosis; whilst others have called it all different names. This book is about this inner mystical, esoteric, knowledge of experience and the human condition, and the human mind. It is not a religion or a belief, nor even a theory, it is living conscious experience; and has existed since modern human beings have existed – and longer.

Deep within every person, and presumably every conscious living thing which exists anywhere in the cosmos of existence, there resides a level of being which throughout millennia has been referred to as the sacred timeless ground of our being – the point where we start as a living cognitive entity. This has been known by all cultures and nations on earth by a small percentage of people in every generation, and for whatever reasons it actually becomes consciously known by them. It is the conscious event which, among other things, eliminates any feelings of alienation of ones self from the sum of all that exists; and reveals as to from whence we (Mind) come from and what we are doing here. It is the event which, originally at least, spirituality and religions were founded upon long before they were messed with and corrupted by priestcraft for political and social purposes. But such things, for millennia, have had to remain unspoken for the large part; leastwise if such folk wished to remain on this world; for religions and their power/politics did not allow contradiction to them – or else. Some took the ‘or else option’, but most did not. Hence they went underground, and far more than once.

It is this knowledge and understanding (the esoteric gnosis) by way of experience, which, if one is not consciously aware of it, is being subconsciously sought after, felt for, searched for, longed for; and which causes so many people to join a religion in the first place. It is the deepest level of our being, our individual aspect of the life force itself; our aspect or living cognitive spark of the life force which exists in the ground of our being – home. And it is there, at that level of being, in which we are all connected up as if one thing. To undergo the experience of this level of being is to reunite with it; hence a re-union. It is mysterious, thus been called by some ‘mysticism’ – but NOT cultural mysticism as is taught once again by priestcraft. It is natural mysticism – which happens along. It has nothing to do with any religion – it is in the true nature of things and our self. And it is not for believing. It is for knowing it. Do NOT believe what I say herein – but go find it yourself.

If not known, but simply felt to be there, then it is this level of being which instigates the subconscious quest for the grail of understanding, and touching base with that aspect of our being which exists in Eternity (beyond the perception of moving time and changing events). And this is not guesswork on my part – it is simply a report of it. I will speak in detail of it herein, and the journey to it; and the resulting effects. However, there is more to it than simply the conscious journey back to the ground of our being; for that is only a half of the full story. This event, and the knowledge and remembrance redeemed therein, has been called by many names, as I mentioned. In European culture it has predominantly been known as the mystical gnosis; and needless to say whole structured philosophies have been based upon it (and all

different), and including ludicrous symbolic myths such as man made religions – and most of which these days have taken the place of the phenomenon it was founded upon. Some, if not most, simply call it Mysticism, or the Reunion event. But there are various types and levels of mystical experience. Hence some, in the Western world, simply referred to this specific and deepest mystical transcendent experience as Gnosis – the Mystical Gnosis – in order to differentiate it from any other manifestation of mystical experience.

Over the years, indeed millennia, many scribes have written about this event whilst without directly knowing it for themselves. Thus, not a one of them ever mentions the actual living experience of it but rather the various social mythologies, metaphors, and often mere humbug, which have been built around it like scaffolding around a building. And all this amounts to nothing more than the intellectualisation of the unfolding history of myth making and various beliefs about it. However, because we are also talking about ourselves then it is also Psychology – but a very deep form of psychology; and you will not find it in standard psychology books or courses – not yet anyway. This whole edifice of the gnosis, just like mysticism, has been made irrelevant humbug by the sheer mass of utter nonsense which has been written about it over so many years – let alone of recent times too.

In this day and age the internet facility carries thousands of documents and texts on this phenomenon (gnosis, so called) and what they each choose to believe that it really is; or intellectualise about it all. But very few among these people (and which are mostly academics anyway) actually talk and write about the event itself. Their interest seems to be purely historical and cultural, hence purely academic (who said what and when). But I for one talk for myself, here and now. And others can do the same I hope. But my interest is not academic, and neither do I adhere to any man made philosophy or cultural indoctrination or belief system; for they are not needed. My aim in this book is not to talk about the history of this mystical gnostic thread through time, for it does not interest me in the least, for we are all living our lives here and now, and these things do not change in time. My aim here is to simply talk about the experience of this mystical gnosis (as they call it) for what it is; what it reveals; what it is like, and also the implications which it presents us with. Thus, this book is about living with this mystical gnosis event here and now; and thus not merely academic.

I am not aware of anyone having ever done this before; leastwise in any real detail. Hence as to why it is needed here and now; and in plain simple language for kids. If I am proved to be wrong on that score, then fine; and I can only read one language anyway. So, what may or may not exist in texts which I have either not found or could not read anyway, then I keep an open mind. But suffice to say I have found nothing of any real worth in English as yet. Indeed, the nearest one gets to it is not in literature about gnosis or gnosticism at all, but rather in peoples documented accounts of their own transcendent mystical experiences (Introverted Mystical Experience). But, as I say, there are levels and types of mystical experience; and this word ‘gnosis’ has been used originally by those that did in fact know it. And that becomes self evident from hindsight of the event itself, and then when realising what others have briefly mentioned of it personally and has directly correlated with the event itself. It is indeed depth psychology – but it is more than just that, far more than that.

When we encounter this inner level of our self the effect is that it unites the temporal aspect of our mindful existence with that transcendent timeless state of our being; and which in effect is the elimination of being alienated from it – and then the two parts become one in cognitive life on earth. Hence it makes us whole in awareness. I much prefer the term Psychognosis for this event, for it is more to the point – the knowledge and remembrance of SELF – and that which we are NOT. It redeems the knowledge and memory of what we are; and from whence we come; and as to what we are doing here.

Many like to believe (those who decide to hold beliefs about things which they do not know – and which I do not do) that life is somehow only fulfilled when they are dead. And they are dead wrong. They have been led to believe this by socio-political priestcraft, for reasons of their own – power over the mob. They know well enough that all minds seek for the truth of things with a deep psychological inner quest for comprehension, and this psychological need makes them vulnerable to exploitation and false guru's. And many fall for it – look around you in the world today. It is ironic, yet I truly detest the words mysticism and gnosis – by virtue of what has been done with them. But we have to use words which people decide to use.

The mystical gnosis event, although it takes place transcendent of the perception of this world and time and space, is itself fulfilled on earth, here and now, and this is the other half of it. It joins everything together, and all this is a manifestation of the deeper aspects of the cosmos and all that it encompasses; and we are the living conscious part of the Cosmos.

I do not do this in order that anyone might come to believe this, for I do not want people to believe it; I want them to find it within themselves and then use it in this world here and now, and in the future. I also do it to help tear down that which is not IT, and the psychological and social effects brought about in people and society by those who corrupt the truth of this event by way of their ignorance of it; and yet whilst making believe that they do know it for those who are gullible enough to swallow it all; and hence they make a profit out of them. For to do so not only causes great psychological problems but also sociological problems which alienates not only man from man and nation from nation, but also alienates people from the truth of their SELF; and their self amongst the rest of it all - the sum of all that exists. Religions are the most dangerous and divisive thing ever invented by man; and it must be seen as such; and for what it is. Lies. We have enough problems to solve in life on earth without all this humbug and arguing and killing over silly beliefs.

Thus, if any reader of this is more interested in their existing belief package than they are in the nature of their selves, the mind, and all reality as it is found to be by living conscious experience of it, then it would behove them to at least leave their beliefs behind whilst reading this; for their beliefs will still be there to pick up again later – or maybe they will not want to - he says smiling. We live in a world where folk seem to have been brainwashed into assuming that the human mind has to believe things. This is tragic and at the base of so many problems and tragedies on earth. There are two very old sayings (among many others) by people who have known this event. One of them is 'Know Thy Self', and the other is 'Let us make Man in our Image'. After reading this you will know exactly what they mean, and as to why they have been said.

The two most important things in human existence are Gnosis and Politics. The former reveals what we are and where we come from, and the latter is about how we decide to live work and play together on earth, and what best to do with it all. The former is not under our control or say so, for it is our nature of being and what we are; but the latter (politics and decisions) are under our control. In this world we have freedom of choice over our actions, and we are each responsible for those actions. It requires the former knowledge (gnosis = base wisdom) to be able to use the latter power wisely – and use it with that Eternal and Perennial comprehension which resides at the root of our being. But I find it perhaps best to call this event Psychognosis, as opposed to Gnosis; for even that word has become corrupted now. And you will see why after having read this. Our existence is not simply about BEING; it is also, and predominantly about BECOMING – and becoming the more that we are in Essence whilst here in form. Or, as some like to say, ‘On Earth, as it is in Heaven’. And gnosticism knows nothing of this. And that is a fact.

We have the power to make this Earthly likeness come about by our own actions here on earth, once we know it. But that requires all people, not just a few. And it also requires knowledge, much work, and patience; not beliefs, hope or faith. And it also requires dumping thousands of years of manipulative dangerous psychological junk. And nothing is going to do it for us. We can improve things here or we can ruin it all; that is our choice. When freedom of choice comes on the cosmic scene then we are in charge here – for a while at least. And thus it is. Do with it what you will – but first Know your Self, and Know all that which is not you; for then the two will dance as one in harmony and effective accord. And that IS the Cosmic project, here or anywhere in time. Try to picture a wholeness of creation in which consciousness and understanding exists in two universes of perception and knowing; the inner psyche is then that chord or corridor which connects them. One universe of perception is of space and change (time), and the other is of permanence and repose.

Gnosis (or whatever name you like to choose) is then the knowledge and understanding which exists in the timeless domain, and that gnosis is the eternal wisdom at the base of creation – and it is you; for you (Mind) are that first emanation of no created thing. To make this universe, and this world, and life here whole, we have to find the other one first. Know your Self, for it is you - and it is then achieved. Well, half way achieved anyway. For when you know the picture then the puzzle is easier to put together. The question is as to whether doing the puzzle is more, or less, exciting than that which it puts together. But the end IS in the beginning anyway.

Dick Richardson

West Somerset, UK, – 2005 c.e

( <http://www.psychognosis.net> )